

# How much do you know about schizophrenia?

Test yourself, then check the answers (given at the end of the quiz) to see how you scored.

1. What are your chances of getting schizophrenia?  
a. 1 in 100 \_\_\_\_\_ b. 10 in 100 \_\_\_\_\_ c. 3 in 100 \_\_\_\_\_
2. Schizophrenia generally strikes older people  
True \_\_\_\_\_ False \_\_\_\_\_
3. Schizophrenia is a split personality.  
True \_\_\_\_\_ False \_\_\_\_\_
4. The number of people who have schizophrenia in B.C. would, ...  
a. fill a theatre \_\_\_\_\_ b. fill a football stadium \_\_\_\_\_ c. fill a small city \_\_\_\_\_
5. Schizophrenia is a brain disease caused by:  
a. something wrong in the brain chemistry \_\_\_\_\_ b. bad childhood \_\_\_\_\_  
c. smoking marijuana \_\_\_\_\_
6. Schizophrenia is an illness which can most often be treated.  
True \_\_\_\_\_ False \_\_\_\_\_
7. People who suffer from schizophrenia commit more acts of violence per capita.  
True \_\_\_\_\_ False \_\_\_\_\_
8. How many people with schizophrenia will recover?  
a. None \_\_\_\_\_ b. 25% \_\_\_\_\_ c. all \_\_\_\_\_
9. People with schizophrenia live mostly ...  
a. on their own \_\_\_\_\_ b. with their families \_\_\_\_\_ c. in hospital \_\_\_\_\_
10. There is enough money going into schizophrenia research  
True \_\_\_\_\_ False \_\_\_\_\_

## ANSWERS

**Question 1** If no relative is ill: 1 in 100; if a brother or sister is ill: 10 in 100; if aunt, uncle or grandparent is ill: 3 in 100.

**Question 2** False. It generally hits between 17 and 30. Onset after 40 is rare. There is also a rare form of childhood schizophrenia.

**Question 3** False. Split personality is a totally different and very rare disease. Schizophrenia is a common disease.

**Question 4** About 30,000 people in B.C. have schizophrenia, enough for a small city.

**Question 5** I. is correct, II. is a myth, III. street drugs may trigger, but do not cause schizophrenia.

**Question 6** True. Medications used are non-addictive and quite effective for symptom-control. They do not cure and may have severe side effects.

**Question 7** False. Many people believe this, but indeed, those suffering from schizophrenia commit fewer violent acts than the average person.

**Question 8** 25% will recover, 25% will improve with treatment and be relatively independent, 25% will need extensive community support, 15% will not improve and need hospitalization, 10% suicide.

**Question 9** Most live with their families or in other forms of supported housing. About 5% are in psychiatric hospitals.

**Question 10** False. Unlike heart disease and cancer, this disease of the brain is largely ignored. For every cancer patient about \$ 400 is spent on research; for every schizophrenia patient only \$ 11 is spent on research.

## HOW DID YOU SCORE?

10 right... Are you in schizophrenia research?

5-10 right... Not bad, you are well informed.

0-5 right... Have a look at our [information](#) and [facts](#) section on this website for more information.