



One-to-One PEER FAMILY SUPPORT for Families Dealing with Mental Illness

Pathways offers one-to-one peer support for family and friends of those with serious mental illnesses, including Depression, Bipolar Disorder, Schizophrenia, Anxiety disorders and others.

Pathways provides experience in working with the system, and daily support for families and friends. Topics include:

- How to access medical treatment
- Ongoing support
- Communication skills
- Building empathy

For support please call:
604-926-0856 or info@pathwayssmi.org



PATHWAYS FAMILIES
HELPING
FAMILIES
Serious Mental Illness Society