



FOR IMMEDIATE RELEASE

April 19, 2010

***AFTER HER BRAIN BROKE: HELPING MY DAUGHTER REGAIN HER SANITY*
AUTHOR SUSAN INMAN TO SPEAK AT PUBLIC EDUCATION EVENING**

“Susan’s heart-wrenching account is an important reminder of the work we still have to do to ensure that people with mental illness and their families get the same treatment and respect that individuals with physical illnesses receive.”

That’s how Senator Michael Kirby, Chair of the Mental Health Commission of Canada has described Susan Inman’s new book, *After Her Brain Broke, Helping My Daughter Regain Her Sanity*, a true story of a young woman with schizoaffective disorder and how her family struggled to help her.

Susan will talk about *After Her Brain Broke* and her family’s journey at our next public education evening on **Wednesday, April 28 at 7:30 p.m. in the auditorium at Lions Gate Hospital.**

When Susan Inman’s daughter started showing signs of serious mental illness, Susan hunted high and low for books and other resources to help her understand what was happening and what to expect. What she didn’t find was an account written by a family member that could tell her what the professionals couldn’t: what it is really like and the ups and downs she might experience down the road. After having gained that experience herself, Susan wrote *After Her Brain Broke* to help other families who are coping with serious mental illness through their confusion and the often contradictory messages from different healthcare providers.

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**FOR PRE-TALK PHOTOS AND INTERVIEWS OR FOR EVENT COVERAGE,
PLEASE CONTACT:**

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