



## THE FUTURE OF MENTAL HEALTH

Wednesday May 29th. 7:00pm

### PATHWAYS SERIOUS MENTAL ILLNESS SOCIETY

**Dr. Allan Burgmann**—*“The acute symptoms of a mental illness can effectively hijack a person’s interaction with the world around them. Knowing their history, their personality, and coping style helps untangle the symptoms and allows them to regain their life.”* Dr. Allan Burgmann, is the Medical Manager of Acute Psychiatry at the HOpe Centre.

*“Several years ago, issues related to mental health used to be frowned upon. These days, however, a lot of people are more understanding regarding the nature of these disorders, even seeking the assistance of medical professionals who can guide them through the process. A psychiatrist is someone who can diagnose a mental disorder, and design an individual care plan using a wide variety of medical treatments available.”*

**Dr. Apu Chakraborty**—Beyond fundamental clinical care, Dr. Chakraborty has been an innovator, participating in the development of integrated mental health care both in the community and its institutions; he established national medical student and resident electives and initiated research for clinical growth. As past Site Director, Lions Gate Hospital and Postgraduate Education Programme, Dept. of Psychiatry and currently working at St. Pauls, Apu graduated in Medicine from Cambridge University, University College London, studied at Harvard University and The Institute of Psycho-Analysis, London winning a UK Medical Research Council Fellowship for a PhD in Health Services Research. Clinically, he ran a Psychiatric Intensive Care Unit, an Inpatient Assessment Unit, Early Intervention teams, and Community Mental Health Teams, leading to Clinical Excellence Awards.



**Please join:**

**Dr. Allan Burgmann -  
Hope Centre, Lions Gate  
and**

**Dr. Apu Chakraborty -  
St. Pauls Hospital**

**In a discussion on**

### **THE FUTURE OF MENTAL HEALTH**

- **Wednesday, May 29, 2019**
- **7:00pm—8:30pm**
- **HOpe Centre Atrium**
- **13th and St. Andrews**
- **NO REGISTRATION REQUIRED**



**PATHWAYS** FAMILIES  
HELPING  
FAMILIES  
Serious Mental Illness Society